

Blush Lane ORGANIC MARKET

PRODUCE • GROCERY • BAKERY • DELI • HEALTH & BODY CARE

VALID JAN 13 - 26 / 2019



Look for our Blush Lane
Back to Health recommended
products in store.



20% OFF

(VARIOUS SIZES ALL 20% OFF)

Manitoba Harvest Hemp Hearts

Hemp Hearts (a.k.a shelled hemp seeds) are at the heart of all of Manitoba Harvest's hemp foods. Great tasting, easy to use, and nutritious, Hemp Hearts are an excellent way to add some extra YUM to your meals.



ONLY IN CALGARY

\$2.49 /44-48G
(REG \$2.99/44-48G)

Natera Key-To Life Bars.



\$3.99 /100G
(REG \$4.99/100G)

**Made Good Allergen
Friendly Granola Minis**



\$4.99 /70G
(REG \$5.99/70G)

**NEW! Hippie Snacks
Cauliflower & Avocado
Chips**



\$4.79 - \$2.49 /900ML-49G
(REG \$5.69-\$2.99/900ML-49G)

Happy Planet Clean Protein Smoothies + Bites

Clean Protein Smoothies = no artificial colours, flavours or preservatives, and of course, non-GMO. Happy Planets = made with real ingredients you can pronounce. They are dairy free, soy free, gluten free, Non GMO, and do not have any added sugar. May contain peanuts and tree nuts.



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\$2.89/100G
 (REG \$3.89/100G)
LOCAL! Platinum Alberta Pork Tenderloin (454g)



\$9.49/454G
 (REG \$11.99/454G)
Top Grass Grass-Fed Lean Ground Beef (frozen)



\$10.79/35OZ
 (REG \$11.99/35OZ)
Eat Turmeric Bowls

ONLY IN CALGARY



15% OFF
 (REG \$3.79-\$6.79/227-300G)
Sunflower Kitchen Assorted Dips & Salsas



\$6.49/1.42L
 (REG \$8.49/1.42L)
Ripple Non-Dairy Beverages



\$3.49/170G
 (REG \$4.49/170G)
Annie's Mac & Cheese



\$2.29/40-49G
 (REG \$2.79/40-49G)
Bounce Energy Balls



\$2.79/74G
 (REG \$3.49/74G)
Raincoast Trading Skipjack Pouches



\$4.29/500ML
 (REG \$4.99/500ML)
Be Fresh AquaFaba Vegan Mayonnaise



\$4.99/600G
 (REG \$5.99/600G)
Be Fresh Quick Oats



\$8.49/1KG
 (REG \$9.99/1KG)
Be Fresh Organic Quinoa



\$7.99/225G
 (REG \$8.99/225G)
Be Fresh Organic Granola





\$6.99 /LB (\$15.41/KG)
 (REG \$8.99/LB OR \$19.81/KG)
**BC Organic Oyster
 Mushrooms**



\$4.99 /1LB (\$11.00/KG)
 (REG \$5.99/1LB OR \$13.20/KG)
Organic Green Beans



\$1.99 /LB (\$4.39/KG)
 (REG \$2.99/LB OR \$6.59/KG)
Organic Grapefruit



99¢
 (REG \$1.98 EACH)
Organic Avocados



\$2.99 /LB (\$6.59/KG)
 (REG \$3.99/LB OR \$8.79/KG)
**Local Organic Red
 Beets**



\$11.99 /LB (\$26.41/KG)
 (REG \$14.99/LB OR \$33.00/KG)
Organic Turmeric



\$1.69 /LB (\$3.73/KG)
 (REG \$2.69/LB OR \$5.93/KG)
**BC Organic
 Gala Apples**



\$2.69 /BUNCH
 (REG \$3.99/BUNCH)
Organic Red Kale



VISIT US AT THE
CALGARY FARMERS MARKET
 FOR MORE GREAT PRODUCE & GREAT PRICES.

ON BLACKFOOT TRAIL,
 SOUTH OF GLENMORE DR.
 Not all flyer prices and items are available at our Calgary Farmer's Market location.

Free gift!

(REG \$51.99/390-438G)

Whole Earth & Sea Fermented Organic Greens - Free gift with purchase

Fermented Organic Greens is a 100% fermented and certified organic formula providing 6 g of plant protein in every serving. Non-GMO, vegan-friendly green superfood formula contains fermented grasses, fruits, vegetables, and micronized medicinal mushrooms to support an active, healthy, and sustainable lifestyle. Certified Organic, 100% Fermented, Sustainably sourced, Whole Food Source, Non-GMO, and does not contain Gluten.



ONLY IN CALGARY

15% OFF

(REG \$43.99-\$62.99/90-180CAPS)

AOR Advanced B Complex



15% OFF

(REG \$16.29-\$21.49/150G-227G)

Organic Traditions Lattes & Macacchino



ONLY IN CALGARY

15% OFF

(REG \$22.49-\$69.99/45G-120G, 15-120CAPS)

Progressive Perfect Probiotics



15% OFF

(REG \$38.49/120SG, 225ML)

PaleoEthics AquaOmegas (Fish oil)



ONLY IN CALGARY

15% OFF

(REG \$32.99/500ML)

Wholy Biosa Artisan Probiotic Drink



\$3.79 /150G

EVERYDAY LOW PRICE

Be Fresh Bath Bombs

Available in: Eucalyptus & Tea Tree, Lemongrass, Grapefruit & Ylang, Earth Love, Lavender, Citrus Dream, Minty Fresh for a relaxing night in.



ONLY IN CALGARY

\$19.49 /200G

(REG \$22.99/200G)

Salus Red Beet Crystals

ASPEN WOODS, CALGARY
#3000 - 10 Aspen Stone Blvd SW
t: 403 210 1247
Mon - Sun | 8 am - 9 pm

MARDA LOOP, CALGARY
2044 33rd Ave SW
t: 587 535 6713
Free 1 hour parking!
Mon - Sun | 9 am - 9 pm

BRIDGELAND, CALGARY
617 Meredith Rd NE
t: 587 393 4041
Free 45 min parking!
Mon - Sun | 9 am - 9 pm

WHYTE AVE, EDMONTON
8135 - 102nd Street NW
t: 780 988 5655
Sun - Fri | 9 am - 9 pm
Saturday | 8 am - 9 pm

CALGARY FARMER'S MARKET
#510 - 77 Ave SE
t: 403 668 0503
Thurs - Sun | 9 am - 9 pm

All items are available on sale at all Blush Lane Organic Markets between Jan 13 - 26 / 2019. All sales are valid while quantities last and are subject to availability. The sales in this flyer are exclusive to only Blush Lane Organic Market locations and may or may not be reflected as the regular or sale price between these dates at SPUD.ca. Blush Lane reserves the right to cancel these promotions at any time. Blush Lane Whyte Ave Edmonton does not carry all products shown in this flyer. All meat and seafood products mentioned in this flyer will only be available frozen, not fresh at the Blush Lane Whyte Ave location.

@BLUSHLANECALG & @BLUSHLANEEDM
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