

# Welcome

## Celebrate Summer, Father's Day and nature's own Delectable Menu at Blush Lane Organic Market!

Ready for a mouth-watering barbeque? Visit our store on Saturday June 20th, 11 - 3 pm, and enjoy delicious organic chicken breast on a bun and beverage for only a few bucks (All money collected will be donated-- yay!) Free dessert, too!



**Marvel at the Big Green Egg!** \_Discover how wonderful food tastes grilled on this versatile barbeque. It is a smoker, a grill, and an oven, and you can cook literally any food on it year round, from appetizers to entrees to desserts.

Someone will WIN a NEW "Big Green Egg" at the end of the day! Submit your ballot at our store. Not the lucky one? These barbeques will be available to purchase at Blush Lane Organic Market, Saturday June 20th only. [www.biggreenegg.com](http://www.biggreenegg.com)

Enjoy Music, Fresh Food, Free Tastings and Samples!  
Find inspiration for your next meal and taste the difference Certified Organic food delivers!

And that's not all !! We have tons of prizes to give away including movie tickets, stainless steel water bottles, gift baskets, sports clothing and lawn chairs. Shop with us in June and you might win a fabulous prize!



3000 – 10 Aspen Stone Blvd SW  
(just off 17th Ave and 85th St)  
Phone: (403) 210 1247  
Mon – Sat: 9.00am – 8.00pm  
Sunday: 10.00am – 6.00pm  
[www.blushlane.com](http://www.blushlane.com)

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### Produce Specials



## Saturday June 20th Only

We are giving away a "Grow a Tree" kit when you buy \$75 or more at Blush Lane. This germination kit gives you everything you need to grow a tree from seed! Just add water and sunshine. Your choice of Colorado Blue Spruce, Quaking Aspen or Bonsai trees, while supplies last! A great gift that ensures trees for the future.

[See all](#) our Demonstrations and Events for June

## Gort's Gouda Extra Aged Gouda



Founded in 1983 by the Gorts family who immigrated from Holland in 1981, settled in Salmon Arm, B.C. and bought the 45 acre property. This certified organic Gouda has been aged for a minimum of 2 years, producing a cheese with a rich, toffee nature and a sharp, salty tang on the finish. The texture is brittle and crumbly, not unlike an aged Parmesan. Ideal for the Dad that likes strong flavoured cheese and

perhaps full bodied red wine.

For a flavour shake-up, use the Extra-Aged Gouda in place of Cheddar, Parmesan, Asiago or any grate-able cheese for that matter! Click [here](#) for recipe

## NEW!!

## Baba Tree African Baskets



We are excited to sell African woven baskets from the Baba Tree Basket Company. Baba Tree sells the highest quality, hand woven, fairly traded baskets from Bolgatanga, Ghana on the market today. The ultimate in reusable bags! When they eventually wear out, throw them in the compost to enrich the earth from which they came. why do you need a basket?

Check out the 108 reasons, [click here...](#)

## Like Cute Purses? Piggy finger puppets?

Save up to 30%



Fibres of Life Fair Trade felt wares are on sale for June! Entire stock is reduced, save up to 30%. Come soon to get your favorite colour! These accessories are funky and unique, with a social conscience. [Read more...](#)

## Flora "Buy One Get One Free" Shrink Wraps!



Bija Lemon Ginger Echinacea Tea  
**\$7.29 for 2**

## June 10 - 16th

Be Wise California Canteloupe  
**\$0.99 / pound**



BC Origino Yellow on-the-vine  
Tomatoes **\$2.99 / pound**

California Peaches **\$1.99 / pound**

## June 17 - 25th

California Raspberries **\$3.49 ea**

BC Double EEs Lettuce **\$1.99 ea**

BC Origino Hot House Cucumbers  
**\$2.99 ea**



## Store Events

## Book Signing and Vega Sport



## Demonstration with Brendan Braizer!

Do you love the award winning Vega line of whole food products? Meet its formulator,

Vegan Ironman Triathlete Brendan Braizer. Brendan will sign and answer questions about his new book Thrive Fitness: Mental and Physical Fitness for Life. Discover the top foods to fuel workouts, how to improve your energy and sleep, and decrease your cravings and stress. All this wonderful advice, AND you will sample NEW Vega Sport, a delicious "performance optimizer" drink! It will be an amazing afternoon, and of course we will have **Vega Sport on sale for 15% off.**

Brendan will visit us Sunday June 14th, 11AM - 1PM.

Click [here](#) to view poster

Bija Rooibos Rejuvenating Tea  
**\$6.79 for 2**  
**Perfect for homemade Iced Tea!**

Hoodia Trim 90 caps, **\$37.99 for 2**  
**Help for a flat tummy for your bathing suit!**

Blush Lane is the only store in Calgary where you can **Win \$100 to spend on Flora Products!** What would you buy? Fill out a ballot in our store. Contest ends June 30th.

**Discover Herbal Wisdom**  
**St Francis Herb Farm Tinctures are on Special!**  
**Sale 15% off**



St Francis Herb Farm is dedicated to providing natural remedies made from the finest quality herbs-herbs carefully harvested and processed in accordance with the practices of sustainable

agriculture. All **St Francis** herbal tinctures are **15% off** at Blush Lane until June 30th.



**Newco Skin Care**  
**Sale 15% off - June 9th - 30th**

Come meet the owner of this Calgary company on *June 19*. Marty Newcomen will be sampling his skin care, sunscreens, and famous tea tree oil *from 11- 2 pm*. Learn why we love these quality creams and serums! The Hyaluronic hand cream is a cashier favorite!

Get your biodegradable and reef-friendly **Newco Sunscreen** now. Daylight hours are the longest in June -- protect yourself from UV Exposure! Safe for kids, too.



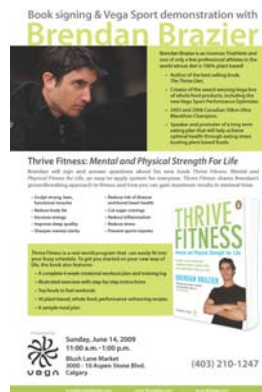
**Say Aloha to marvelous Maui**

Be sure to enter the Natural Factors "Say Aloha to Marvelous Maui" contest! You could have a chance to win a trip for two to beautiful Maui. No purchase necessary! Slim down for the beautiful beach with the help of Natural Factors PGX. LINK: [www.pgx.com/aloha](http://www.pgx.com/aloha)



**Dr. Kracker Crackers**  
**Sale 10% off**

Dr. Kracker crackers are made with organically grown cereal grains, mineral-rich bran and organic seeds, which means that aside from being stupendously delicious, they're also an excellent source of fibre, protein, Omega-3 essential fatty acids, vitamin & iron. They are also completely free of trans fats! [Read more...](#)



**Health and Body Care Demonstrations and Events for June**

**Salba Demo**  
 10 - 1pm, on Sat. June 13th  
**Sequel Demo**  
 2 - 6pm on Sat. June 13th  
**Vega Sport Demo with Brendan Brazier**

11 - 1pm on Sun. June 14th  
**Soleo Sunscreen Demo**  
 11 - 2pm on Tues. June 16th

**Newco Skin Care with Marty Newcomen**  
 11 -2-pm on Friday June 19th  
**Fibres of Life Demo**  
 Sat. June 20th 2.30 - 5.30pm

Celebrate Summer with us! We have tons of prizes to give away including movie tickets, stainless steel water bottles, gift baskets, sports clothing and lawn chairs. **Shop with us in June and you might win a fabulous prize!**

**Grocery Specials**

June 10 - 25th  
 while quantities last

NEW!! Knudsen- sparkling fruit juice  
 750ml

**Sale 25% off**  
**Reg \$3.89 / Sale \$2.49**



## Santa Cruz Organic - Lemonade

**Sale 35% off**

Santa Cruz Organic Lemonade is made by sweetening the highest quality organic lemon juice with organic evaporated cane juice. This simple combination of quality organic ingredients is what makes their Organic LEMONADE reminiscent of the finest homemade lemonades. [Read more...](#)



Dr Kracker crackers  
All Flavors

**Sale 10% off**

Olympic Dairy yoghurt  
650g - All flavors

**Sale 10% off**

**June 10 - 18th only!**

## Seventh Generation Diapers Stage 1 -6 & Babywipes

**Sale 5% off**

The Chlorine Free Diapers offer soft, cloth-like comfort and premium absorbency. In addition to keeping your baby dry, the super absorbent polymer is non-toxic and non-irritating to baby's sensitive skin. Featuring stretchy leg gathers and resealable closure tabs. The Baby wipes are free of dyes, fragrances and contain a cleansing agent that is gentle on baby's tender skin. The wipes are made with soft cloth that has not been processed with chemicals containing chlorine.



Santa Cruz organic Lemonade  
(946ml)

**Sale 35% off**

**Reg \$3.89 / Sale \$2.49**

Seventh Generation  
Diapers Stage 1 -6 & Babywipes

**Sale 5% off**

## Customers Reward Program

Customers earn points on Grocery and Health & Body purchases at Blush Lane. Points can be redeemed in increments of 5000, which have a value of \$5. Easily redeem your points in-store using your phone number. The points may be applied to Blush Lane Organic Market purchases or donated to the Community Kitchen Program. [Read more...](#)



Visit our store and sign up today!